

Categorii de varsta	Kata		Kumite Shobu Nihon		Kihon	
	Fete	Baieti	Fete	Baieti	Fete	Baieti
Sub 7 ani	OPEN	OPEN	OPEN	OPEN	9-8 kyu	9-8 kyu
7 ani	9 - 8 kyu	9 - 8 kyu	9 -8 kyu	9 -8 kyu	9-8 kyu	9-8 kyu
	+7 kyu	+7 kyu	+7 kyu	+7 kyu		
8 ani	9 - 8 kyu	9 - 8 kyu	9 - 8 kyu	9 - 8 kyu	9-8 kyu	9-8 kyu
	+7 kyu	+7 kyu	+7 kyu	+7 kyu		
9 ani	9 - 7 kyu	9 - 7 kyu	9-7 kyu	9-7 kyu	9-8 kyu	9-8 kyu
	6-4 kyu	+7 kyu	+7 kyu	+7 kyu		
	+3 kyu	+3 kyu	+3 kyu	+3 kyu		
10 ani	9 - 7 kyu	9 - 7 kyu	9 - 7 kyu	9 - 7 kyu	9-8 kyu	9-8 kyu
	6-4 kyu	6-4 kyu	6-4 kyu	6-4 kyu		
	+3 kyu	+3 kyu	+3 kyu	+3 kyu		
11 ani	9-8 kyu	9-8 kyu	-1,50 m	-1,50 m	9-8 kyu	9-8 kyu
	7-6 kyu	7-6 kyu	+1,50 m	+1,50 m		
	+5 kyu	+5 kyu				
12 ani	9-8 kyu	9-8 kyu	-1,50 m	-1,50 m	9-8 kyu	9-8 kyu
	7-6 kyu	7-6 kyu	+1,50 m	+1,50 m		
	+5 kyu	+5 kyu				
13 ani	9-6 kyu	9-6 kyu	-1,60 m	-1,65 m		
	+5 kyu	+5 kyu	+1,60 m	+1,65 m		
14 ani	9-6 kyu	9-6 kyu	-1,60 m	-1,65 m		
	+5 kyu	+5 kyu	+1,60 m	+1,65 m		
15-17 ani	9-5 kyu	9-5 kyu	-55 kg	-65 kg		
	+4 kyu	+4 kyu	+55 kg	-75 kg +75 kg		
+18 ani	OPEN	OPEN	-60 kg +60 kg	-70 kg -80 kg +80 kg		

ATENTIE ;9-8 KYU centuri albe si galbene pt. kihon :oi zuki ,age uke si mae geri  
CATEGORIILE CU MAI PUTIN DE TREI SPORTIVI SE VOR COMASA!!!