



# International Karate WUKF Tournament Polish Open 2011



Organizer: Bushikan Karate Association

### Aim:

Competition of karatekas from various clubs, associations and federations, popularization of karate WUKF, promotion of Westpomeranian Province.

# Place:

MCSiR Sporthall

Szczecin, ul. Narutowicza 17

Term: Sunday, 27'th of march 2011

# Requirements of participation:

1. Send Your inscription to 20'th of march 2011 for this address: Klub Karate Bushikan – ul. Dunikowskiego 42/51 70-123 Szczecin

or by phone

Tel. (+48)914822142, (+48)693310563, (+48)797191085

or by e-mail

pbombolewski@gazeta.pl lub bushikan@gazeta.pl

- 2. Fee:
- a) 8 euro per one individual category
- b) 10 euro per two individual categories
- c) 15 euro per each team category

# **Categories:**

### Kata individual

Separately categories boys and girls

- annual 2003 and youngers
- annual 2002 2000
- annual 99 98
- annual 97 96
- annual 95 94
- annual 93 and olders

### Kumite individual

Separately categories boys and girls

- annual 2003 and youngers
- annual 2002 2000
- **annual** 99 97
- **annual** 96 94
- annual 93 and olders

### Kata team

Mix

- annual 2000 and youngers
- **annual** 99 94
- annual 93 and olders

### **Kumite team**

Mix (2 boys 1 girl)

- annual 99 and youngers
- annual 98 94
- annual 93 and olders

# Program of competition:

godz. 08,30 - registration

godz. 09,30 - referees meeting

godz. 09,45 - coaches meeting

godz. 10,00 - start of competition

# Rules:

# 1. Kata individual, team

Point system. First round it's an eliminations, second (8 competitors with best results from elimination) it's a final. Competitor or team (no matter the kyu

or dan rank) have free choice of kata from WUKF list. Teams could be mix.

## 2. Kumite individal, team

2 min. ippon shobu fight. In annual 93 and olders fight 3 minutes. Mandatory – fist protectors, leg protectors, helmet (or if coach give a permission it can be mouth protector). For 16 years old and olders competitors only fist and mouth protectors are mandatory. There will be all of this protectors next to tatami, but of course better is to have your own.

In team categories, in each match first fight is boy vs. boy, second girl vs. girl, and third boy vs. boy. In team category annual 98-94, in each match first fight is among boys annual 98-97, second fight is among girls 98-94, third fight is among boys annual 96-96.

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For winners we have cups, medals and diplomas. For best competitor we have big Cup of Westpomeranian Province Speaker. All clubs, associations and federations insure their competitors themselves.

Welcome!!!